



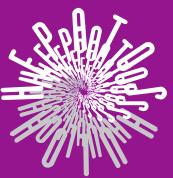
HULOH Hepatos

Hrvatska Udruga Lječenih i Oboljelih od Hepatitisa

Croatian Association of Treated and Ill with Hepatitis

[www.hepatos.hr](http://www.hepatos.hr)

3



2000 -

2010

## Naša misija

Hepatos je hrvatska udruga liječenih i oboljelih od hepatitisa s lokalnim, nacionalnim i međunarodnim djelovanjem i sjedištem u Splitu koja za cilj ima spriječiti nastanak i širenje bolesti, smanjiti diskriminaciju te podići kvalitetu življenja oboljelih i njihovih obitelji slijedeći visoke standarde djelovanja.

Hepatos, kao jedinstveni punkt u RH, informira, educira, javno zagovara te pruža stručnu savjetodavnu i psihološku potporu.

## Naša vizija

Hepatos će sljedeći svoje temeljne vrijednosti doprinijeti razvoju humanijeg društva bez predrasuda koje okružuju hepatitis kako nitko ne bi bio društveno izoliran na osnovu svog zdravstvenog statusa.

## Strateške smjernice (2008. – 2012.)

Usmjerenost/orijentiranost na korisnike

Zauzimanje proaktivne uloge u zajednici / društvu

Razvijanje suradnje i partnerstva

Jačanje kapaciteta organizacije

### DOSADAŠNJI IZVORI FINANCIRANJA

Lokalna uprava i samouprava, MZSS, Ured za suzbijanje za suzbijanje zlouporabe opojnih droga Vlade RH, Ured za ljudska prava Vlade RH, MOBMS, MZOŠ, MRRŠVG, Nacionalna zaklada za razvoj civilnog društva, USAID-AED, U.S. Embassy, Co-operating Netherlands Foundations for Central and Eastern Europe (CNF-CEE), lokalne tvrtke i farmaceutska predstavništva.

## Our mission

*Hepatos is the Croatian Association of treated and ill hepatitis based in Split with local, national and international activities. Its aim is to prevent the spread of disease, reduce discrimination and increase the quality of life of the hepatitis patients and their families following the high standards of operations.*

*Hepatos, as a unique spot in Croatia, informs, educates, publicly advocates and provides professional advice as well as psychological support.*

## Our vision

*Hepatos will, by following its core values, contribute to the development of a more humane society, society without prejudices that surround the hepatitis, so that no one would be socially isolated on the basis of their health status.*

## Strategic guidance (2008 – 2012)

*Focus / orientation on users*

*Taking a proactive role in the community / society*

*Developing networks and partnerships*

*Organization's capacity building*

### FOUNDING SOURCES

*Local government, Ministry of Health and Social Welfare, Office For Combating Narcotic Drug Abuse of the Croatian Government, Office for Human Rights of the Croatian Government, Ministry of the Family, Veterans' Affairs and Intergenerational Solidarity, Ministry of Science, Education and Sports, Ministry of Regional Development, Forestry and Water Management, National Foundation for Civil Society Development, USAID, AED, U.S. Embassy, Co-operating Netherlands Foundations for Central and Eastern Europe (CNF-CEE), local companies and pharmaceutical representatives.*

*Sućavanje s bolešću o čijem liječenju malo znaju i obiteljski liječnici zahtjevan je pothvat za svakog oboljelog te je olakšavanje tog iskustva sebi i drugima bio i jedan od motiva osnivanja udruge*

*Dealing with the disease which is little known even to general practitioners is a demanding venture for each patient, therefore facilitating this experience to patients and others was one of the motives for the foundation of the Association*

*Osnivači udruge međusobno su se upoznali na Odjelu za zarazne bolesti KBC Split i odlučili se samoorganizirati, pri čemu im je poticaj i stručna potpora prof. dr. sc. Nikole Bradarića, vodećeg splitskog specijalista za virusne hepatitise, bila dragocjena, što je vidljivo i iz njegove titule počasnog predsjednika Hepatosa*

*The founders of the organization were introduced to each other at the Department of Infectious Diseases of the Clinical Hospital in Split and have decided to self-organize. Prof. dr. Nikola Bradarić, a leading specialist in Split for viral hepatitis, gave valuable and professional support and encouragement, which is evident from his title of honorary president of Hepatos*

*20. 06. 2000. godine Hepatos je registriran kao prva udruga liječenih i oboljelih od hepatitisa u Hrvatskoj*

*On the 20th June, 2000 Hepatos was registered as the first association in Croatia of treated and ill with hepatitis.*

Hepatos

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*Strateški pristup i posvećenost boljem društvenom položaju i kvaliteti života oboljelih od virusnih hepatitisa – djelovanje udruge na više razina (lokalnoj, nacionalnoj i međunarodnoj) te u više područja (izravna podrška oboljelima, senzibilizacija, prevencija, zagovaranje i lobiranje)*

*– Strategic approach and commitment to a better social status and quality of life of hepatitis patients – Association activities on several levels (local, national and international) and in more areas (direct support to patients, sensitization, prevention, advocacy and lobbying)*

*Grupa uzajamne podrške  
– pružanje izravne podrške oboljelima putem telefonskih kontakata i neformalnih druženja*

*– A group of mutual support  
– providing direct support to hepatitis patients via telephone contacts and informal meetings*

*Društvena raširenost neznanja, vrijednosnih prosudbi, straha i zazora od oboljelih ima za posljedicu i veliku zatvorenost samih oboljelih, što dodatno otežava njihovo samoorganiziranje u svrhu zaštite svojih prava i promjene društvenih stavova*

*– Social widespread of ignorance, of value judgments, fear and clearance of hepatitis patients has resulted with a significant enclosure of the patients, which further complicates their self-organization for protection of their rights and changes in social attitudes*

*Početak provođenja aktivnosti temeljnog programa „Hepatitis u mom domu“  
– Beginning of the implementation of the basic program „Hepatitis in my home“*

*Ustavljanje kontakata s vodećim stručnjacima iz područja hepatologije i infektologije, državnim institucijama, predstavnicima medija i drugim organizacijama civilnog društva iz zdravstvenog podsektora*

*– Establishing contacts with leading experts in the field of hepatology and infectious diseases, governmental institutions, media representatives and other civil society organizations in the health subsector*

2006

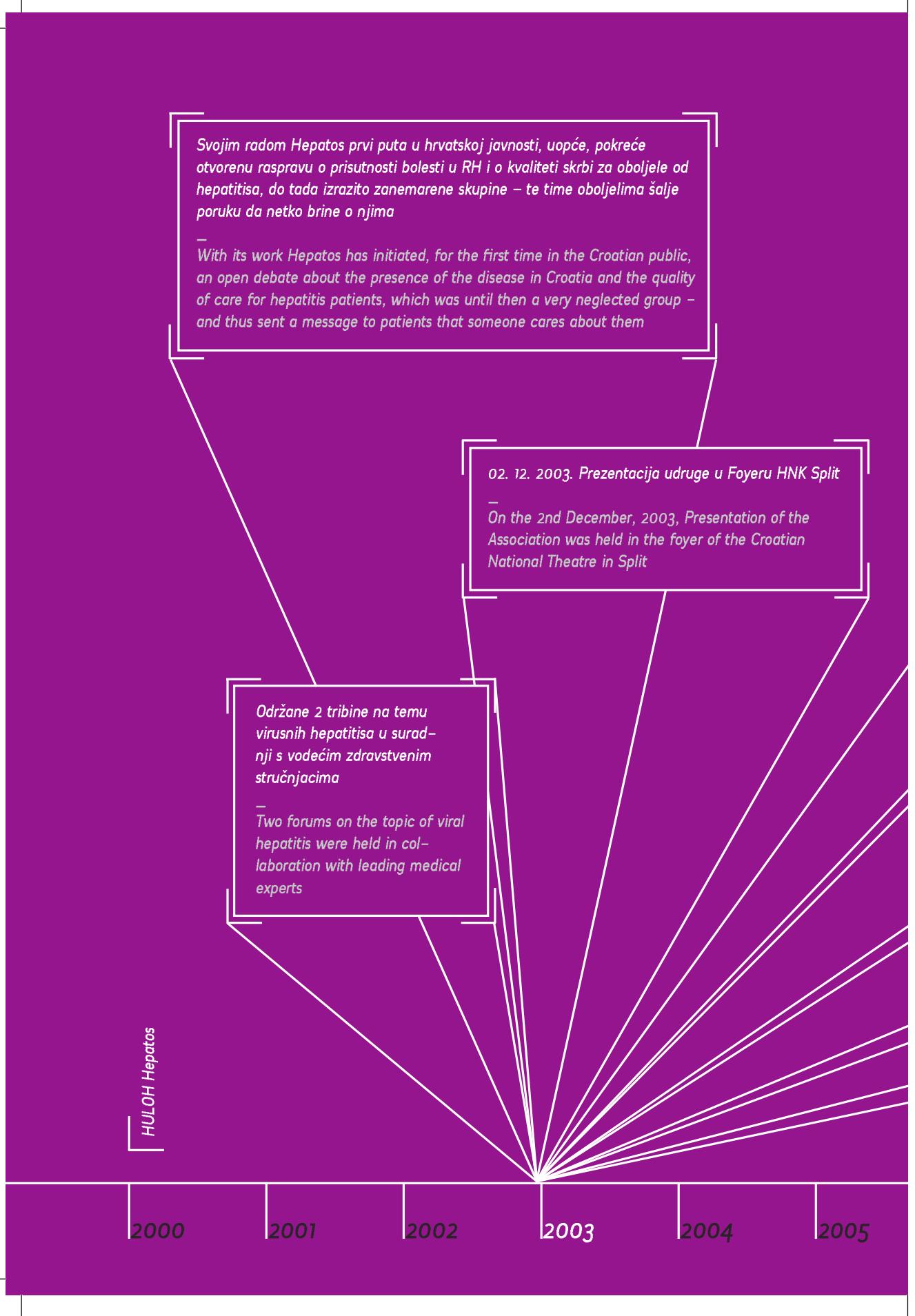
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*Početak zagovaranja i lobiranja – dopisi Ministarstvu zdravstva i Hrvatskom zavodu za zdravstveno osiguranje o radu udruge i zaključcima na održanim tribinama*

*Beginning of an advocacy and lobbying – reports to the Ministry of Health and to the Croatian Health Insurance Institute on the work of the Association and the conclusions of the held debates*

*Aktivno sudjelovanje u radu Zdravstvene interesne skupine grada Splita*

*Active participation in work of the Health interest group of Split*

*17 medijskih istupa*

*17 media appearances*

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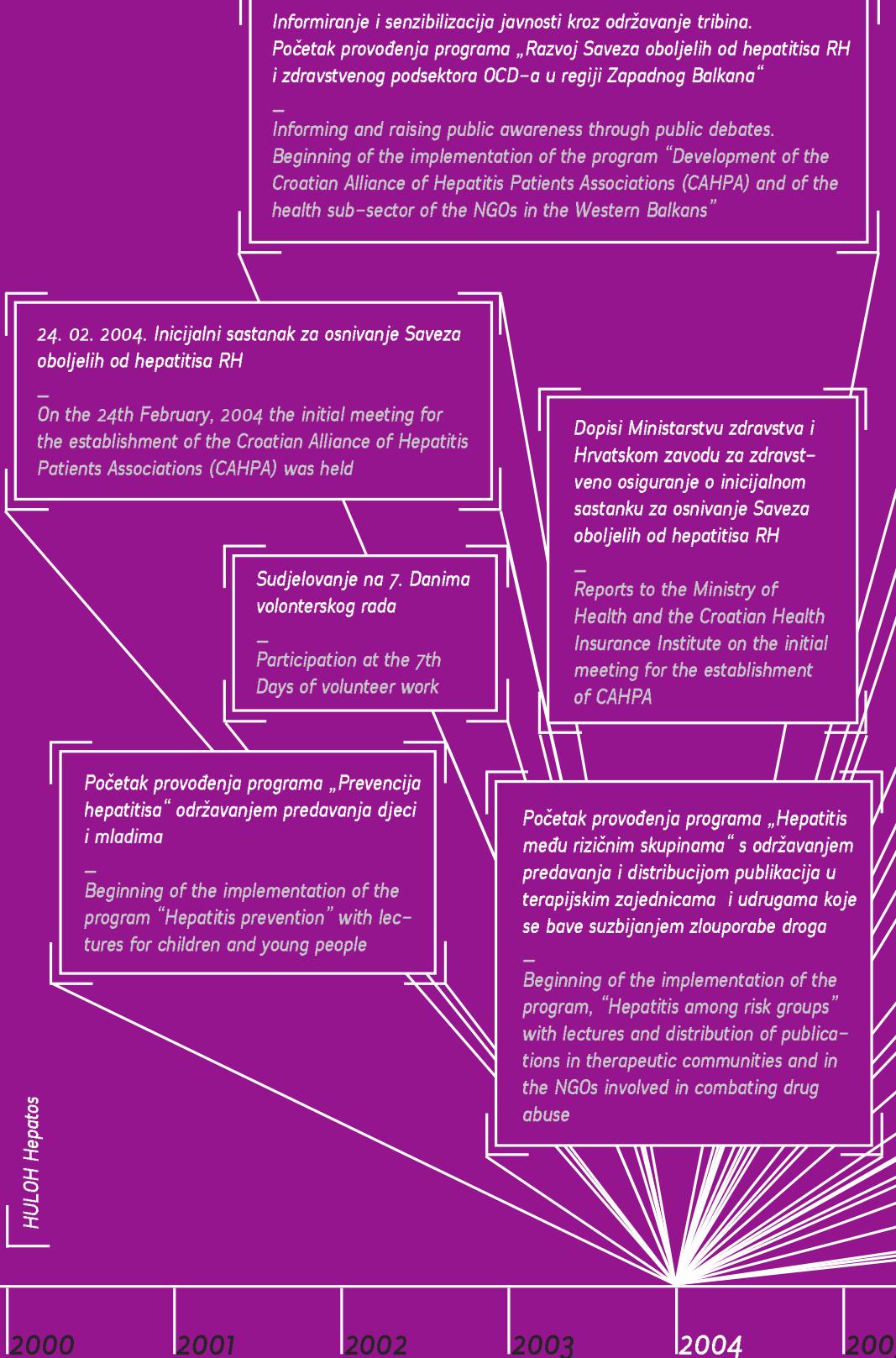
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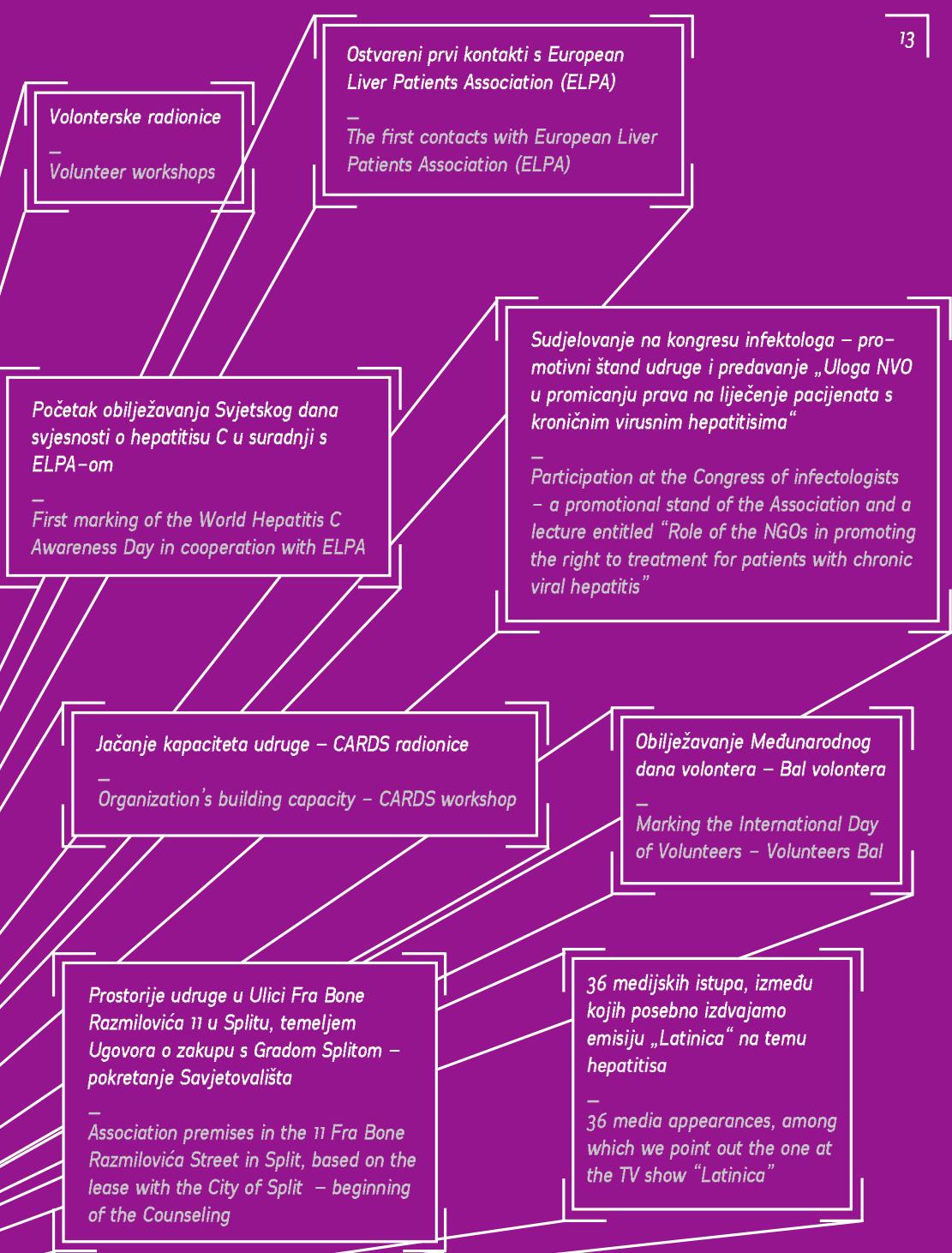
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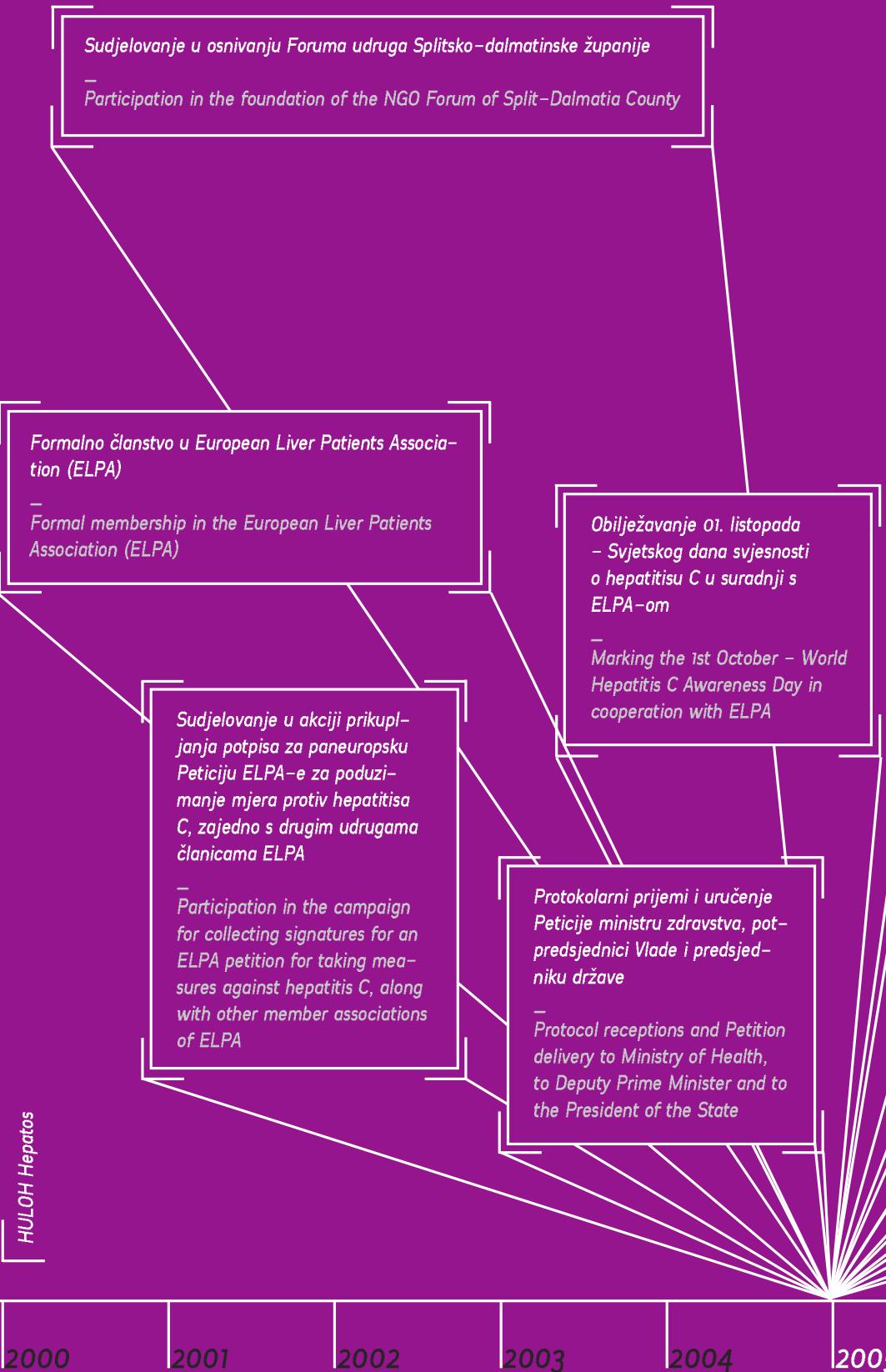
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Predsjednica Udruge postala je članica Nacionalnog odbora za borbu protiv virusnog hepatitisa

— President of our Association became a member of the National Committee for the fight against viral hepatitis

Nacionalna informativno-edukativna kampanja „Otkrij! Spriječi! Izliječi!“ sa 140 City Light plakata

— National informational and educational campaign entitled “Get Protected, Get Tested, Get Treated!” with 140 City Light posters

Pokrenuta web stranica udruge [www.hepatos.hr](http://www.hepatos.hr)

— Web site [www.hepatos.hr](http://www.hepatos.hr) has been launched

Nastavak provođenja programa „Hepatitis među rizičnim skupinama“ s održavanjem predavanja i distribucijom publikacija u braniteljskim udruženjima

— Continuation of the project “Hepatitis among risk groups” with lectures and distribution of publications in the veteran’s associations

37 medijskih istupa  
— 37 media appearances

2006

2007

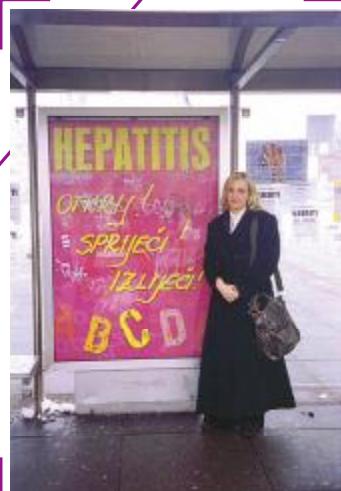
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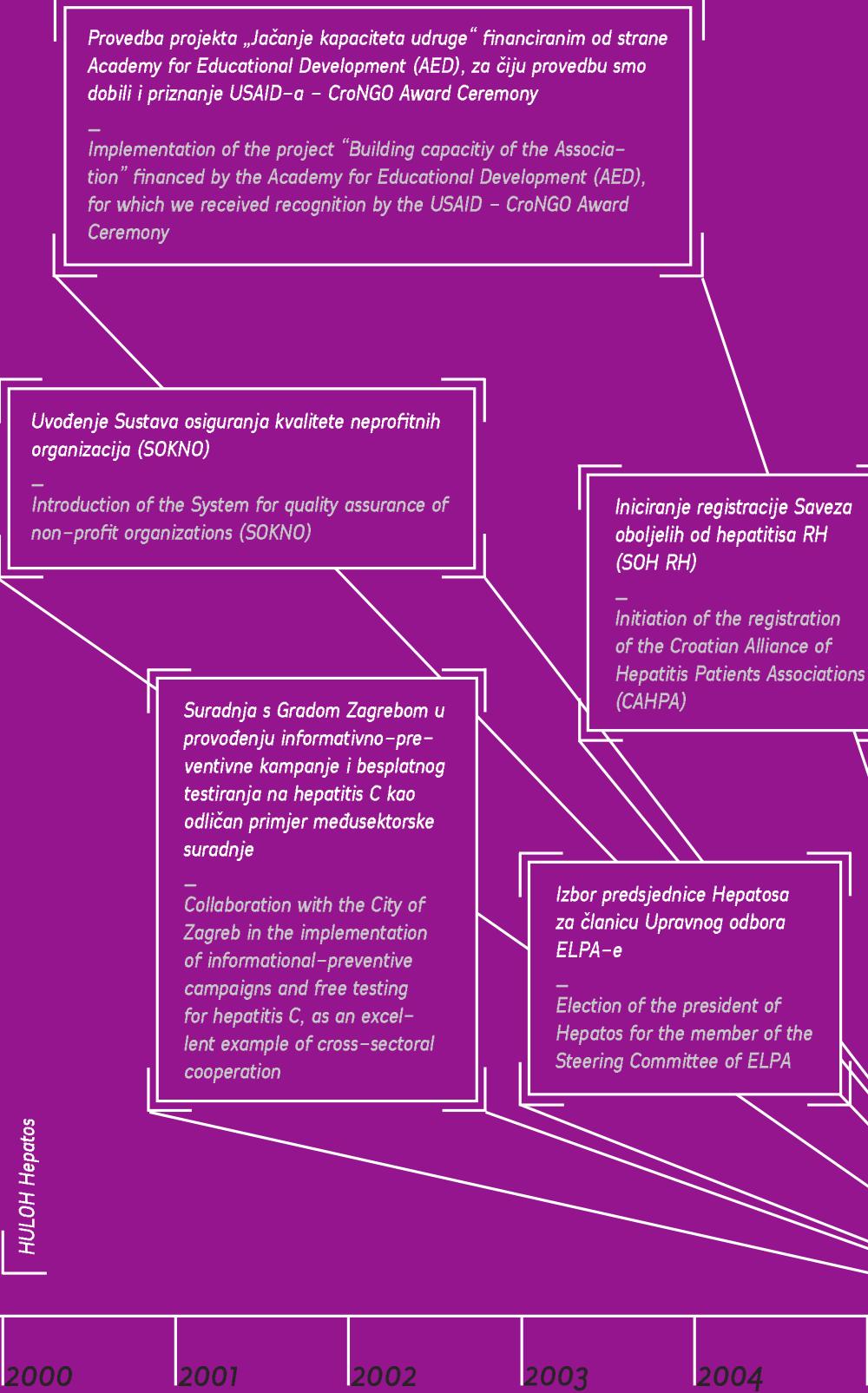
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Doprinos uvođenju  
cjepiva protiv hepatitis  
B u dojenačkoj dobi  
–  
Contribution to the  
implementation  
mandatory hepatitis  
B vaccination for new  
born babies

Doprinos izmjenama zakonskih odredbi vezanih za liječenje hepatitisa  
temeljem kojih konačno svi oboljeli od hepatitisa C, bez obzira na genotip,  
imaju pravo na tzv. „zlatni standard“ tj. najučinkovitiju terapiju – kombinaciju pegiliranog interferona i ribavirina

–  
Contribution to law amendments related to hepatitis treatment according to  
which all hepatitis C patients, regardless of the genotype, finally have the  
right on so called “golden standard”, that is the most effective treatment –  
a combination of pegylated interferon and ribavirin

Izbor predsjednice Hepatosa za  
potpredsjednicu ELPA  
–  
The elections of the president of  
Hepatos for the vice president  
of ELPA

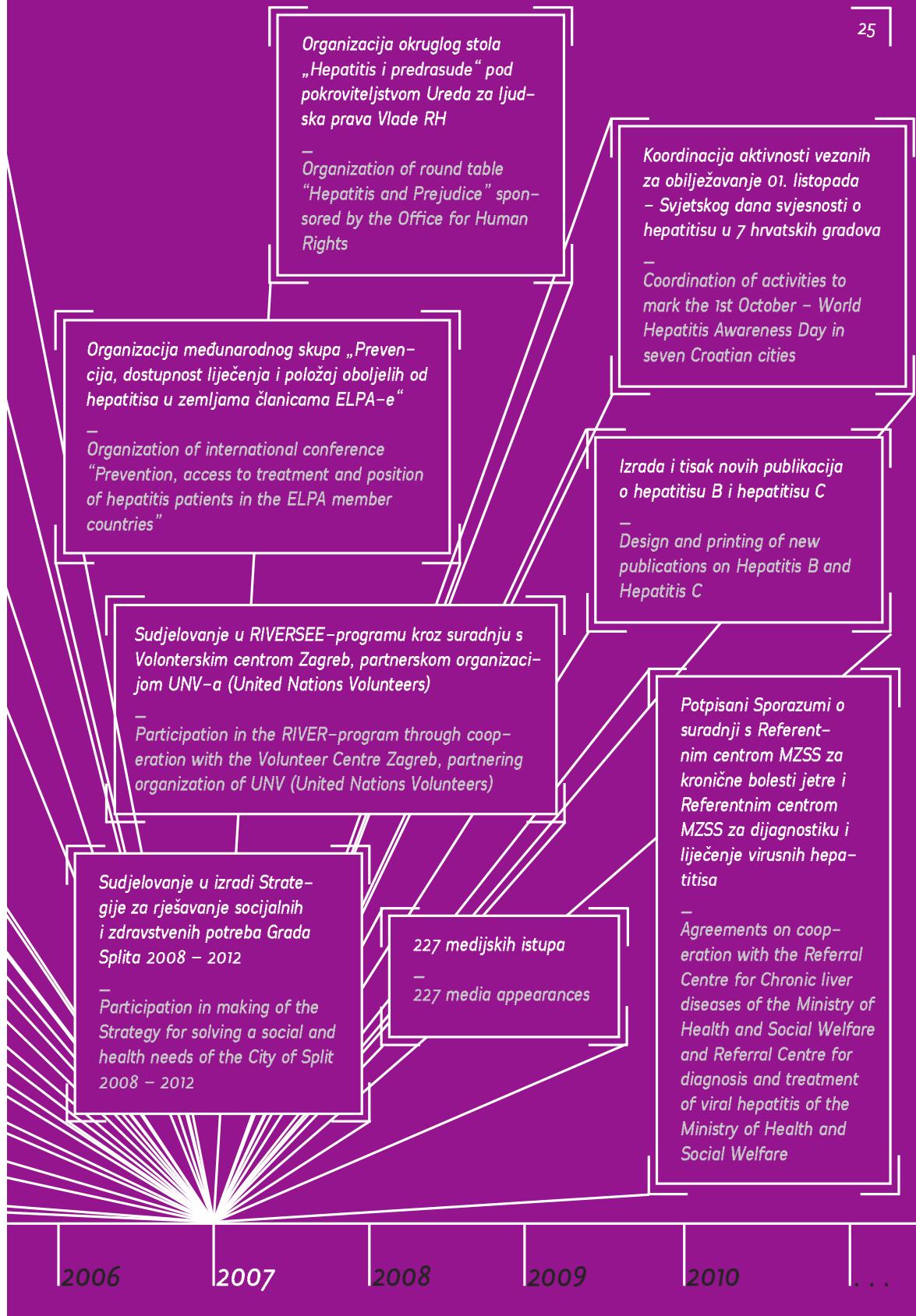
Sudjelovanje predsjednice  
Hepatosa na raspravi o  
hepatitisu u EU Parlamentu  
–  
Participation of the  
president of Hepatos on the  
discussion of hepatitis in  
the EU Parliament

Zagovaranje i lobiranje na  
razini EU kroz članstvo u  
ELPA – izglasavanje De-  
klaracije o hepatitisu C od  
strane EU Parlamenta i njeno  
promoviranje u Hrvatskoj;  
doprinos uvrštavanju prob-  
lematike hepatitisa u Strateški  
plan Europske Komisije 2009  
– 2013 odnosno Europskog  
centra za kontrolu i preven-  
ciju bolesti – ECDC

–  
Advocacy and lobbying at EU  
level through ELPA member-  
ship – a vote of the Declara-  
tion of hepatitis C by the EU  
Parliament and its promo-  
tion in Croatia; contribution  
in adding the problem of  
hepatitis in the European  
Commission’s Strategic Plan  
2009 – 2013 or the European  
Centre for Disease Prevention  
and Control – ECDC

Prijevod web stranice na  
engleski jezik  
–  
Translation of our web  
page in English

Uvođenje besplatnog info  
telefona 0800 400 405  
–  
Introduction of the free info  
phone 0800 400 405



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*Ulaganje u razvitak suradničke mreže širom Hrvatske, posebice u okviru Saveza oboljelih od hepatitisa RH*  
—  
*Investing in the development of collaborative network across Croatia, in particular within the Croatian Alliance of Hepatitis Patients Associations (CAHPA)*

*Podizanje profila Saveza oboljelih od hepatitisa RH u javnosti i građenje njegova utjecaja*  
—  
*Raising the profile of CAHPA in the public and the construction of its impact*

*Suradnja s Nacionalnom zakladom za razvoj civilnog društva u provođenju razvojne pomoći RH u regiji – jačanje OCD-a iz zdravstvenog podsektora u Bosni i Hercegovini i Crnoj Gori*  
—  
*Collaboration with the National Foundation for Civil Society Development in the implementation of development assistance in the region – the strengthening of NGOs in the health sub-sector in Bosnia and Herzegovina and Montenegro*

*Prezentacija Hepatosa Svjetskom odboru za prevenciju virusnih hepatitisa, Lucca (Italija)*  
—  
*Presentation of the Hepatos to the Viral Hepatitis Prevention Board (VHPB), Lucca (Italy)*

*Organizacija okruglog stola „Iniciranje izrade nacionalne strategije za borbu protiv virusnih hepatitisa“ na kojem je postignut konsenzus predstavnika zdravstvenog i nevladinog sektora o potrebi donošenja strategije*  
—  
*Organization of a round table “Initiation of the National Strategy for Combating viral hepatitis” on which the consensus of representatives of health and non-governmental sector has been reached on the need for enactment of the same strategy*

*Studijsko putovanje u Milano i posjet talijanskoj udruzi EpaC Onlus*  
—  
*Study trip to Milan and visit to the Italian Association EpaC Onlus*

*Sudjelovanje predsjednice Hepatosa na raspravi o hepatitisu u EU Parlamentu*  
—  
*Participation of the president of Hepatos on the discussion of hepatitis in the EU Parliament*

*Sudjelovanje u svjetskoj kampanji obilježavanja prvog uistinu globalnog Svjetskog dana hepatitis – 19.svibnja, organiziranog od strane Svjetskog saveza za hepatitis, pod nazivom „Jesam li ja broj 12?“*

*– Participation in the global campaign to mark the first, truly global World Hepatitis Day – on the 19th May, organized by the World Hepatitis Alliance, called “Am I Number 12?”*

*Uspješna koordinacija obilježavanja Svjetskog dana hepatitis na državnoj razini u 7 hrvatskih gradova, pod pokroviteljstvom Ministarstva zdravstva i socijalne skrbi*

*– Successful coordination of World Hepatitis Day at the state level in seven Croatian cities, under the protection of the Ministry of Health and Social Welfare*

*Organizirano testiranje na hepatitis zastupnika u Hrvatskom saboru te zaposlenika gradskih poglavarstava u Puli, Splitu i Dubrovniku*

*– Organized testing on hepatitis for the Croatian Parliament members and employees of city governments in Pula, Split and Dubrovnik*

*347 medijskih istupa*  
*– 347 media appearances*

*Upućeno 12 zahtjeva Vladi RH za podršku globalne inicijative stavljanja pod nadzor virusnih hepatitis glede poboljšanja položaja oboljelih od hepatitis*

*– We sent 12 requests to the Government of the Republic of Croatia for support the global initiative of putting the viral hepatitis under the control with regard to improving the situation of hepatitis patients*

*Prepoznatljivost udruge i recentnost web stranice udruge*

*– Recognizability of the Association and recentness of the Association's web site*

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*Uspješno testiran MODEL pružanja naših usluga na područjima, gdje usluge koje naš Info-hep centar pruža nisu dostupne. Provedbom projekta „Dostupnom uslugom do zadovoljne zajednice: Info-hep centar na ratom pogodenim područjima Žadarske županije“ u partnerstvu s Udrugom za promicanje ljudskih prava i medijskih sloboda CENZURA PLUS i suradnjom sa Zavodom za javno zdravstvo Zadra, ostvareni su preduvjeti za repliciranje modela i u ostalim županijama*

*Successfully tested MODEL for providing our services in areas where services of our Info-hep Center are not available. Implementation of the project “With the available services to the satisfied community; Info-hep centre on the war-affected areas of the County of Zadar” in partnership with the Association for the promotion of human rights and media freedom CENZURA PLUS and cooperation with the Department of Public Health in Zadar, achieved the pre-conditions for replication of this model in other counties*

*Napravljen iskorak prema kreativnijim edukativnim metodama – snimljen je edukativni film u suradnji s udruženjem Cenzura Plus, kao i kazališna predstava za djecu i mlađe „Što mi može virus?“*

*A step forward towards more creative methods of education was made – an educational film made in collaboration with the Association Censura Plus, as well as the play for children and youth called “Blood Borne Enemy”*

*Dugogodišnje zagovaranje i lobiranje doprinijelo je izglasavanju Rezolucije Hrvatskog sabora o borbi protiv virusnih hepatitisa*

*Many years of advocacy and lobbying contributed to the vote of the Croatian Parliament Resolution on the fight against viral hepatitis*

*U suradnji sa Sekcijom za virusni hepatitis Hrvatskog društva za infektivne bolesti HLZ organizirali smo prvi put u Hrvatskoj predstavljanje FibroScan®, uređaja koji tijekom petominutnog pregleda na potpuno bezbolan način mjeri elasticnost i utvrđuje stupanj oštećenja jetre te može uvelike zamijeniti biopsiju jetre*

*In cooperation with the Department for viral hepatitis of Croatian Association for Infectious Diseases, we organized, for the first time in Croatia, presentation of the FibroScan®, device which during the five-minute examination and in a completely painless way measures elasticity and determines the degree of liver damage, thus significantly replacing the liver biopsy*

*U suradnji s Odjelom za zarazne bolesti KBC Split, započeli smo pilot projekt koji za cilj ima omogućiti ovisnicima, tamo gdje program terapijskih zajednica to dozvoljava, liječenje od kroničnog hepatitisa C, a tamo gdje to ne bude moguće, napraviti sve potrebne predrade kako bi po izlasku iz zajednice bili spremni za liječenje*

*In collaboration with the Department of Infectious Diseases of the Hospital in Split, we began a pilot project that aims to allow drug addicts, where the therapeutic community program allows it, the treatment of chronic hepatitis C, and where it is not possible, to make all necessary preparations so they could be ready for the treatment after leaving the community.*

*Predsjednica Udruge, kao potpredsjednica ELPA-e, ali i kao jedina predstavnica iz Republike Hrvatska, sudjelovala je na prvom pripremnom sastanku Europskog partnerstva za borbu protiv karcinoma (EPAAC) koji je održan u Briselu (Belgija)*

*President of the Association, as vice president of ELPA, but also as the only representative from the Republic of Croatia, participated in the first preparatory meeting of the European partnership in the fight against cancer (EPAAC), which was held in Brussels (Belgium)*

*Proveden projekt „Jačanje kapaciteta udruga članica Saveza oboljelih od hepatitisa RH“ čime smo doprinijeli povećanju kapaciteta udruga koje se bave problematikom virusnih hepatitisa*

*Project “Strengthening the capacity of NGO members of CAHPA” was implemented with which we have contributed to increasing the capacity of NGOs dealing with the problems of viral hepatitis*

*Uspješno provedeno obilježavanje Svjetskog dana hepatitisa*

*The successful marking of the World Hepatitis Day*

*402 medijska istupa*  
*— 402 media appearances*

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Svjetska zdravstvena organizacija je, temeljem ugovora o suradnji s Republikom Hrvatskom, imenovala Hrvatsku udrugu liječenih i oboljelih od hepatitisa „Hepatos“ za National Focal Point za hepatitis C, kao prvu i do sada jedinu organizaciju civilnog društva u RH, i to na preporuku Ministarstva zdravstva i socijalne skrbi

— World Health Organization, based on the contract of cooperation with the Republic of Croatian, has nominated the CATIH “Hepatos” for the National Focal Point for hepatitis C, as the first and so far the only civil society organization in Croatia, on the recommendation of the Ministry of Health and Social Welfare

Pokrenuto izdavanje biltena udruge

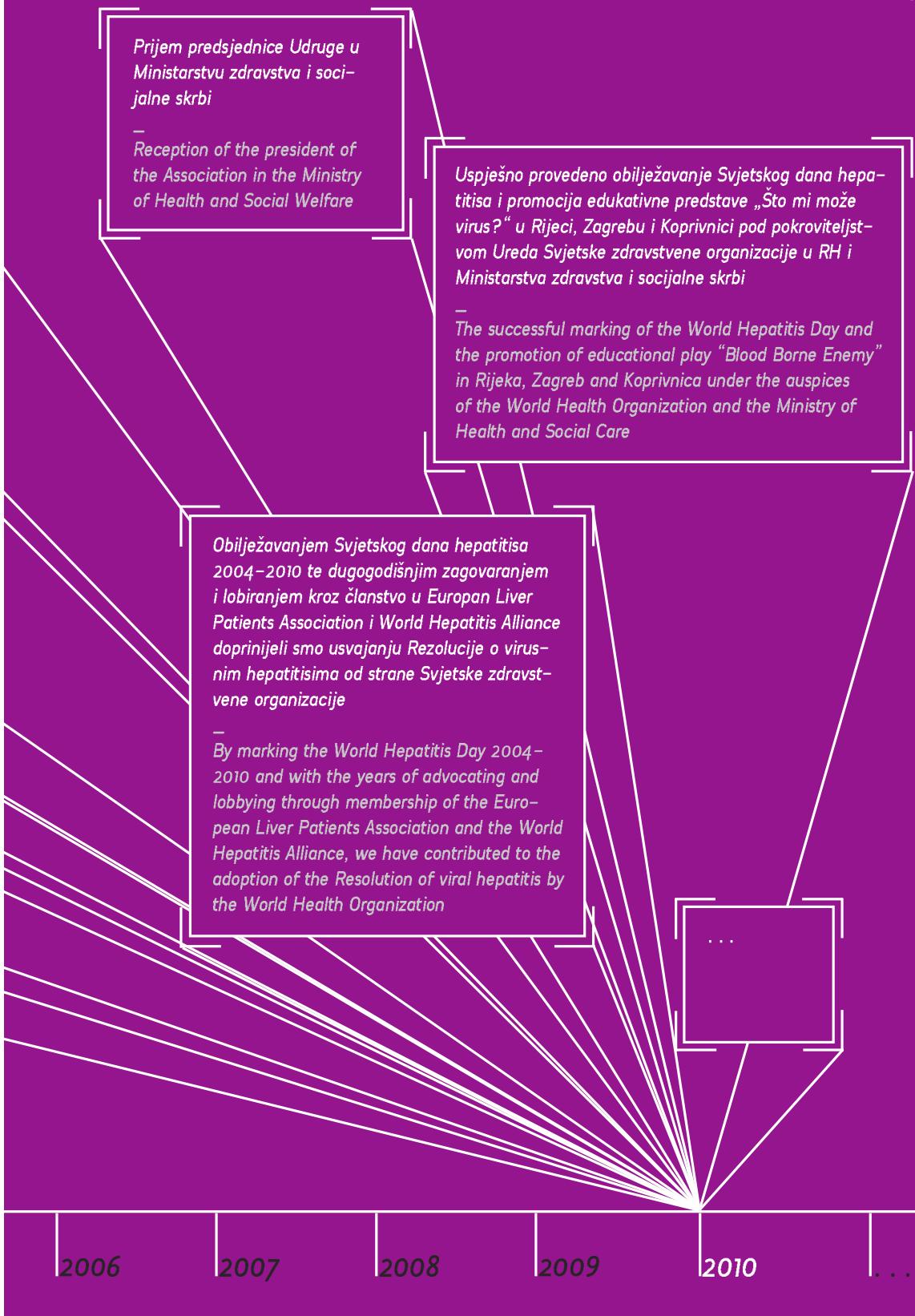
Publication of the Association newsletter

Provedba projekta „Smanjenje diskriminacije osoba oboljelih od virusnih hepatitisa na osnovu zdravstvenog statusa“ u okviru kojeg je provedeno informiranje i edukacija liječnika opće prakse o virusnom hepatitisu

— Implementation of the project “Reducing the discrimination against hepatitis patients based on their health status” together with education of general practitioners about viral hepatitis

Gostovanje predstave „Što mi može virus?“ u Sarajevu (Bosna i Hercegovina)

— Guest performances of the play “Blood Borne Enemy” in Sarajevo (Bosnia and Herzegovina)





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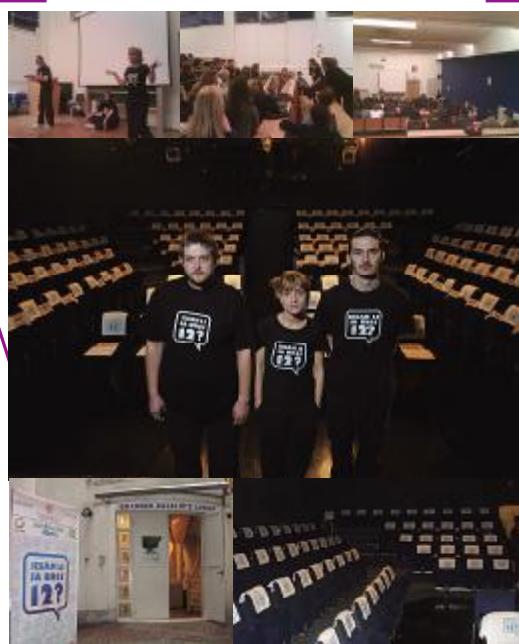
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*\_Hepatos je svojim rastom i razvojem pažljivo gradio odnose povjerenja sa svojim korisnicima, odgovarajući na njihove potrebe. Takav odnos povjerenja prema Udrudi gradila je i šira javnost, uviđajući enormnu količinu i autentičnost njenog angažmana. Zahvaljujući takvom statusu povjerenja kojeg Udruga ima među svojim korisnicima i u javnosti, sa sigurnošću možemo reći da je Hepatos doprinio građenju povjerenja javnosti u civilni sektor uopće, i poboljšanju imagea njegovih organizacija.*

*\_Imenovanje Hepatosa povjerenikom Svjetske zdravstvene organizacije najbolje potvrđuje da je udruga prepoznata i priznata od međunarodne i domaće stručne zajednice u borbi protiv virusnih hepatita, a rezultat je to desetogodišnje posvećenosti radu na poboljšanju kvalitete življenja i direktnе pomoći oboljelima, preventivnih i javnozdravstvenih aktivnosti, zagovaranja i lobiranja te izmjena zakonskih odredbi u interesu oboljelih, doprinosa demokratizaciji i antidiskriminaciji kao i jačanja vlastitih kapaciteta*

*\_Hepatos has carefully built relationship of trust among its users, with its growth and development and by responding to their needs. Such a relationship of trust towards the Association has also been built by the general public, realizing an enormous amount and authenticity of its engagement. Thanks to such trust status Association enjoys among its users and the public, we can say with certainty that Hepatos has contributed to building public confidence in the NGO sector in general, and has improved the image of its organizations.*

*\_Nomination of Hepatos for the National Focal Point for hepatitis C of the World Health Organization confirms that the Association is recognized and acknowledged by the international and national professional community in the fight against viral hepatitides. This is the result of a ten-year commitment to work to improve the quality of life and enable direct assistance to hepatitis patients; of preventive and public health activities, advocacy and lobbying and amending the laws in the interests of patients, of contributing to the democratization and anti-discrimination and of strengthening of our own capacities.*

*Hepatos*

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T. 021 322 888  
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*[www.hepatos.hr](http://www.hepatos.hr)*

*\_tiskanje omogućili:  
Grad Split, MZSS i MZOŽ*

*\_financiraj:  
City of Split, Ministry of Health, Ministry of Education*

*\_dizajn:  
Rafaela Dražić, [www.rafaeladrazic.net](http://www.rafaeladrazic.net)*

*\_tisk i uvez:  
Grafis*

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Grafis*